**Universitätsmedizin Essen**
Universitätsklinikum

EPILEPSIE | ZENTRUM ESSEN
Klinik für Neurologie

**Monat:** **Jahr:**

## Aufgetretene Anfälle

| Tag | 6-8 Uhr | 8-10 Uhr | 10-14 Uhr | 14-18 Uhr | 18-22 Uhr | 22-6 Uhr |
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## Auslöser

z.B. Schlafmangel, Stress, Alkohol etc.

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## Medikamente eingenommen

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## Nebenwirkungen 1 = mild, 2 = mittel; 3 = schwer

| Müdigkeit | Energieverlust | Kopfschmerzen | Reizbarkeit | Zittern / unsicherer Stand | Depression | Doppelbilder | Konzentrations-schwäche | Gedächtnislücken | langsame Denk- und Sprechweise | Gewichtszunahme / Gewichtsverlust | Schwindel |
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